

## **12<sup>o</sup> OF CONSCIOUSNESS: AN EDUCATIONAL FRAMEWORK FOR LEARNING & DEVELOPMENT**

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### **MORAL**

Reflection and analysis of behavior regarding “right” versus “wrong” conduct.

### **COGNITIVE**

Acquiring, developing, and applying knowledge in academic terms; demonstrating mental capabilities across academic disciplines.

### **INTELLECTUAL/RATIONAL**

Decision-making & problem-solving; The ability to process knowledge and apply it to real-world scenarios.

### **EMOTIONAL**

Being aware of one’s own and others’ emotions. Being able to successfully engage in relationships and social situations. Having the ability to use one’s own emotional states in productive ways.

### **PHYSICAL**

The study and application of personal health and wellness concepts and the understanding of biological systems & mechanisms that allow us to thrive.

### **SOCIAL**

Engaging in social behavior, relationships, and systems. Working in collaborative groups and teams. Understanding the political nature of society. Generating civic engagement.

### **SPIRITUAL**

Value-driven behavior based on a foundation of respect, responsibility, perseverance, resiliency, integrity, compassion, commitment, and tolerance. Activity centered on one’s motivations and interests.

### **CRITICAL**

Viewing and understanding societal issues from various perspectives. Examining, questioning, and critiquing societal and cultural issues through various ethical lenses.

### **CREATIVE**

Using previously obtained knowledge in new ways. Finding new solutions to problems. Construction of original work that has a useful purpose. “Purposeful innovation.”

### **DIGITAL**

Consideration and application of technology that is constructive and value-driven.  
An awareness and understanding of the potentials and hazards of a digitally embedded society.

### **ENVIRONMENTAL**

Recognizing the needs of our natural environment, understanding our impact on the environment, and generating solutions to our environmental problems.

### **SELF**

Being aware of our personal strengths, weaknesses, motivations, needs, and interests. Utilizing the process of introspection.